



## FRESH STARTS

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<b>Juice</b> apple, cranberry, grapefruit, orange, or tomato	<b>\$4.00</b>
<b>Cereals</b> corn flakes, fruit loops, raisin bran or special k, 2% or skim milk	<b>\$4.50</b>
<b>♥Seasonal Fruit plate</b> golden pineapple, cantaloupe, honeydew, watermelon & berries as available seasonally, served with lemon loaf	<b>\$13.00</b>
<b>♥Granola</b> with honey & milk	<b>\$5.50</b>

## FRESH FROM THE BAKERY

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<b>English Muffin or Toast</b> buttered & served with preserves	<b>\$3.25</b>
<b>Morning Bakery Selection (2 choices)</b> muffin, buttermilk biscuit, danish, croissant, or banana bread	<b>\$4.25</b>
<b>Toasted Bagel</b> with herb cream cheese	<b>\$5.25</b>
<b>Smoked Salmon &amp; Toasted Bagel</b> with herb cream cheese	<b>\$11.25</b>

## EGGS & EXTENSIONS selections include choice of tea or coffee

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<b>The Traditional Breakfast</b> 2 eggs any style, bacon or country ham or turkey sausage, crisp breakfast potatoes & one morning bakery selection	<b>\$13.95</b>
<b>The Pacific Breakfast</b> smoked salmon, shiitake & chive omlette, crisp potatoes & one morning bakery selection	<b>\$14.25</b>
<b>Eggs Benedict</b> 2 eggs, English muffin, & ham or B.C. style with smoked salmon. Served with crisp breakfast potatoes	<b>\$14.75</b>
<b>The 3 Egg Omlette</b> choose 3 of the following: ham, cheese, shrimp, peppers, mushrooms, smoked salmon, bacon. Served with crisp breakfast potatoes & one morning bakery selection	<b>\$14.25</b>
<b>Cornmeal Lemon Pancakes</b> whipped blueberry butter, & maple syrup ... with bacon, or turkey sausage	<b>\$12.75</b> <b>\$14.95</b>
<b>Cinnamon Bun French Toast</b> caramel sauce, sunflower seeds & cinnamon cream chantilly ... with bacon, or turkey sausage	<b>\$13.75</b> <b>\$15.95</b>

## FAST BREAKS

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<b>The Continental</b> Juice selection, 2 choices of morning bakery & coffee or tea	<b>\$10.95</b>
<b>Breakfast Buffet</b> <b>6:30am until 10am daily</b> <b>Adults \$13.50 Children \$8.95 (6 to 10 yrs)</b> fresh seasonal fruits, granola, cereals, creamy scrambled eggs, bacon, turkey sausage, daily Chef's hot entrées, crisp breakfast potatoes, assorted morning bakery selection, selection of juices, coffee or tea	

♥ Indicates a lighter healthier choice

Prices and content are subject to change without notice